



**Aseel KH. Albarbarawi**  
**br\_aseelo@yahoo.com**  
**NO. +962798067060**

***Personal Information:***

***Nationality: Jordanian***

***Place of birth: 4<sup>th</sup> Aug, 1985***

***Marital status: Single***

***Current Address: Amman - Jordan***

***Languages: Arabic is my native language, English***

***Professional Experience:***

***2019-present assistant coach for women's football national team***

***2019-present AFC football instructor***

***2017-present owner for personal training clinic***

***2016-2017 Fitness manger/Golds gym -Jordan***

***2016-present AFC football Instructor Futsal***

***2010- 2016 Professional Personal Trainer  
/Fitness First  
Amman, Jordan***

- ***Ensuring the application of best practices and cutting edge research, provide one-on-one support, guidance, and advice on physical fitness and training support to men and women, including nutrition and overall cross training packages.***
- ***Expand Fitness First's national and international client base.***
- ***Manage schedule, equipment management, client relations and staff relations to promote a professional and constructive setting.***

**2009-2014     *Football Coach for women national Teams***

- *Provided technical and managerial guidance to team and individual members.*
- *Worked as part of an overall management team dedicated to the improvement of skills and formation of team members.*

**2009-2010     *Football Coach***

*Jordan University of Science and Technology*

- *Provided technical and managerial guidance to team and individual members.*
- *Worked as part of an overall management team dedicated to the improvement of skills and formation of team members.*

**2007-2008     *Supervisor Trainer***

*Aspire Gym, Amman Jordan*

- *Supervised a team of trainers working with individual and groups.*
- *Ensured schedules were defined, maintained.*
- *Ensured training and classes met the required standards and latest best practice.*

***Education:***

**2007-2008     *Bachelor's Degree in Management and Training/ Hashemite University***

***Trainings:***

**2017**

- *Fitness certification FIFA*

**2016-**

- *Football coach certification level 2 FUTSAL, Amman, Jordan. AFC*
- *Football coach certification (A) ,Amman, Jordan.AFC*

**2015-**

- *RHEUMATOID ARTHRITIS & FITNESS SEMINAR, Amman, Jordan*
- *Personal Fitness Trainer ,IFPA Certification, Amman ,Jordan*

**2014-**

- *Certificate in Emergency First Aid, CRP, and External Defibrillator, UAE, Jordan*

- *Pro Cycling Course, Fitness First, Amman, Jordan*
- *Hard Core course, fitness first, Amman, Jordan*
- *Football coach certification level 1 FUTSAL, Amman, Jordan. AFC*

#### **2013-**

- *Bosu Ball Certifications, LES MILLS, Dubai, UAE*
- *Vipr Certifications , LES MILLS, Dubai, UAE*
- *Kattabel Certifications, LES MILLS, Dubai, UAE*
- *TRX and TRX Rip Certifications, LES MILLS, Dubai, UAE*
- *Football coach certification level (B), Amman, Jordan .AFC*

#### **2012-**

- *RPM, Dubai, UAE . LES MILLS*
- *Body Pump, Fitness First, Amman, Jordan.LES MILLS(UAE)*
- *AFC Women's Grassroots Instructor course, Kuala Lumpur , Malaysia.*

#### **2011-**

- *GROUP Exercise leader Me fit pro UAE ,Amman, Jordan .LES MILLS*
- *FIGHT FIT INSTRUCTION Certificate.UK*
- *Football coaching course, Sri lank .AFC*
- *Football coaching course, Seoul ,Korea Republic .AFC*
- *Football coaching course, Kuala Lumpur ,Malaysia .AFC*
- *Women's Football coaching course, Amman, Jordan .FIFA*
- *Football coaching course, Kuala Lumpur, Malaysia.AFC*
- *AFC Asian cup conference ,Kuala Lumpur, Malaysia.AFC-FIFA*
- *First aid certificate ,Amman , Jordan*
- *Football coaching course ,Qatar ,Doha ,Afc*

**2010-**

- *Professional Fitness Instructor Trainer, Fitness First, Amman, Jordan*
- *Women's Football coaching course ,Amman ,Jordan.FIFA*
- *Football coaching course, Kuala Lumpur ,Malaysia .AFC*
- *Football coach certification level C , Colombo , Sir Lanka*

**Gel Course – Group Exercise Leader**

**Place :**

***Fitness First***

***Lecturer :Grant Goes***

***Address :Amman – Jorda***

**Gel Course – Group Exercise Leader**

**Place :**

***Fitness First***

***Lecturer :Grant Goes***

***Address :Amman – Jorda***

**2009-**

- *International football coaching certification ,FIFA ,Amman ,Jordan .*
- *Diploma coaching course (Norway-middle east girl's football festival) ,Amman ,Jordan*

**2006-**

- *Hand ball referee certificate ,Amman ,Jordan*
- *Coaching course well Cher basketball ,Amman ,Jordan*

**2005-**

- *Swimming referee certificate ,Amman ,Jordan*
- *Squash referee certificate, Amman ,Jordan*
- *Dance Aerobics certificate ,Amman ,Jordan*
- *Massage certificate ,Amman ,Jordan*